

home, get the most out of the time they do have. Go by wearing Latin shoes, boots, hip hoppers, sandals or trainers during the day you will burn more calories even by walking to the coffee machine at work!

www.lovethoseshoes.com retail at £79.

Get A Celeb Smile At Home



Teethwhite® is at the forefront of professional laser equipment and teeth whitening treatment for dentists. With their expertise in this field, Teethwhite® has now developed effective cosmetic treatments for home use. This means people can achieve whiter, healthier teeth, safely, conveniently and at a fraction of the cost of a professional laser treatment but still with the same dramatic results.

Teethwhite® home kits work whilst you are asleep and cause no damage to the teeth or gums. You simply mould a gum-shield to fit your teeth, apply the gel and fit into place before you go to bed!

With celebrity fans including Girls Aloud, Sophie Anderton and Princess Tamara of Spain, Teethwhite® is the ultimate way to look fantastic this Christmas!
RRP: £79.00 – providing 15 treatments

For more information or nearest stockist please contact Teethwhite® on 01475 727273 or visit www.teethwhite.co.uk

Give the gift of gorgeous glowing skin this Christmas